

Etapeplan Explore 2023 Lissabon Porto Lissabon

Etape	Start by	Målby	km. ca.	hm. ca.	Links til ruter:
1	Lissabon	Santarém (+færge)	120	800	https://ridewithgps.com/routes/40914343
2	Santarém	Condeixa-a-Nova	125	1200	https://ridewithgps.com/routes/40709723
3	Condeixa-a-Nova	Oliveira do Hospital	95	1600	https://ridewithgps.com/routes/40829173
4	Oliveira do Hospital	Viesu	120/	2750/	https://ridewithgps.com/routes/40862201
	Oliveira do Hospital	Viesu uden Estrela	70	1250	https://ridewithgps.com/routes/40894017
5	Viesu	Ribadouro	90	1550	https://ridewithgps.com/routes/40894306
6	Ribadouro	Espinho	95	1150	https://ridewithgps.com/routes/40923842
7	Espinho	Soure	130	700	https://ridewithgps.com/routes/40904083
8	Soure	Casal da Lagoa Seca	125	1400	https://ridewithgps.com/routes/40910293
9	Casal da Lagoa Seca	Lissabon	125	1600	https://ridewithgps.com/routes/40913170
	I alt ca.		1050/	12800/	
	I alt ca.	Uden Estrela	1000	11300	

Obs! Med forbehold for ændringer